



# Special Physical Needs Swimming Coaching

## *My Aim*

As part of the AHA program, and to implement my expertise in swimming which I gained throughout my tenure, I chose a project to develop the physical abilities of a special needs student through swimming training.

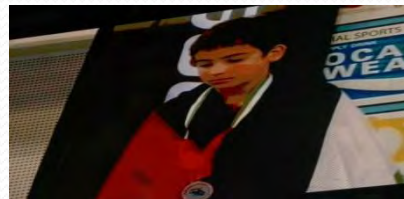




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## *Parties Involved*

- Special Need Student, age: 10years.
- Coach Mohammed Al. Bakri.
- Myself!





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## *Achievements*

- I learned to deal with disabled kids through the guidance and help of my coach Mohammed who guided me all through the coaching journey.
- Being a swimming champ, inspired the student, but I must say that his assertiveness and will taught me that everything is possible “ When there is a will, there is a way”.
- The importance of communicating with others regardless of any differences or disabilities where we were able to communicate and build a positive inspiring spirits.





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## *Difficulties*

- Obtaining approvals from different parties involved.
- Coaching the student alone wasn't possible especially after the incident at Cambridge school which in some cases resulted in lack of support from some coaches.
- After taking the photos and videos required during the coaching sessions, the student's parents disapproved publicizing them and using them as a proof. A letter signed by coach Mohamed was used instead.





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## *Future Goals*

- Training other students with disabilities with other swimmers to build this culture in Jordan. All this will help develop an organization to satisfy such needs without having the aim of profit.

